

# The Grid

## Decision making

Deciding what to do can sometimes be hard.

This tool can help explore the pros and cons of making a decision, but also the pros and cons if you don't do it. Looking at a decision from different angles can make it easier to see what you really want to do.

→ Fill in each of the boxes in turn to capture your thoughts.

	What <b>happens</b> if...	What <b>doesn't</b> happen if...
I <b>DO</b> it		
I <b>DON'T</b> do it		